



# Torbay Prostate Support Association

Serving men of all ages, and their partners, through a programme of support before, during and after diagnosis  
Newsletter Winter 2014 Issue No.39



Dear All,

The weather so far this autumn has been very kind with the occasional lapses. We now of course look forward to Christmas and I trust all will be well with you all and your families. Very Best Wishes for the Festive Season.

Our last venture (purchase of Intensity Modulated Radiotherapy Treatment Equipment) has been a great success with the hospital staff extremely pleased with the outcome and subsequent results. Recently we had the official belated presentation which went very well – you will recall that the Unit cost in excess of £21000 – thank you all that donated to this project. We now look forward to further specific computer equipment to augment and improve on and identify very minute tumours. This equipment will substantially reduce the time the Consultants spend on each patient's data and information and at the same time be far more accurate reducing that time taken of 4/6hrs to perhaps 2/3hrs per investigation. All your donations will enable us to provide this obviously necessary facility. Please keep those funds rolling in.

We are still desperately looking for a replacement Secretary – please contact myself or a member of the committee if you would wish to assist us. All assistance is really appreciated it is not in any way onerous. The beginning of October saw some extremely useful donations received including those illustrated in the photographs. The hospital Transport Department and Bitton Park Bowling Club donations were particularly were very helpful.

We are as always looking for new ideas for the Newsletter and Website – if you feel you may have a story to tell of your experiences with Prostate Cancer from the beginning to the present time why not share it with us all. Many of us have gone down different roads with this problem and you could well be helping someone out there who is worrying needlessly. Please think about it and contact myself or Mark the Newsletter Editor. Again please let us know if you would like to receive your Newsletter by email since you will all appreciate that the cost per year is rising and on top of the printing, postage costs are a real consideration. Your help or contribution in this context would be very much appreciated.

Seasonal best wishes to  
Everyone Peter Hosking,  
Chairman

## Support group Partner

This is to certify that

**Torbay Prostate Support Association**

has been awarded partner level of engagement with  
Prostate Cancer UK



*Owen Sharp*  
Owen Sharp  
Chief Executive

*Amy Innes*  
Amy Innes  
Support Group  
Development Manager

Men United v Prostate Cancer  
We can win this  
[prostatecanceruk.org](http://prostatecanceruk.org)

## *New to the News letter is Peter,s Quiz*

### **Peter's Quiz For December**

1. In Aussie slang what is a Donnybrook?
2. Which Emu sits on the eggs?
3. Who wrote Huckleberry Finn?
4. What is the birthstone for February?
5. What does the King of Spades hold in his hand?
6. Which street does Oscar the Grouch live in?
7. Which car company's emblem is three diamond shaped figures?
8. Which "ology" is the study of the nervous system?
9. What did Jack of beanstalk fame swap for 5 beans?
10. What were the first words A.G. Bell spoke into his experimental telephone?  
Was it " Can you hear me mother?"

Answers to be published in the next newsletter

## *Sue's successor, retires*



*Sue's successor, Gill Dell & Peter Hosking and Sue Forbes.*

Above Sue's retirement party were Peter on behalf of the Association presented Sue with a Garden Gift Token, as an acknowledgement of her sterling work over many years in which she provided support to Prostate Cancer patients including myself.

Tirelessly she has supported so many of us and we wish her and her husband long, healthy and happy retirements in their new home in Somerset.

## *Donation of £752 from the Torbay Hospital Transport dept*

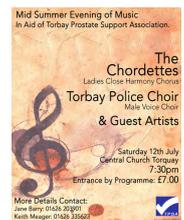


Money raised totalling £752.00 was the result of the Torbay Hospital Transport Team entering this years' Pedal Car Grand Prix, organised by the Babbacombe and St Marychurch Rotary Club.

## **FUNDS RASIED**

**£1388.00**

## **Mid Summer Evening of Music**



**WHAT DO YOU WANT IN YOUR  
TPSA NEWS LETTER  
WE VALUE YOUR OPION & NEED YOUR INPUT  
Email Newsletter@tpsa.org.uk**





**Torbay Prostate Association  
recently formalised the presentation of  
the new IMRT machine in the Urology  
Department.**

**What's new in prostate cancer research  
and treatment?**

Research into the causes, prevention, detection, and treatment of prostate is going on in many medical centers throughout the world.

**Genetics** New research on genes linked to prostate cancer is helping scientists better understand how prostate cancer develops.

**Prevention** Researchers continue to look for foods (or substances in them) that can help lower prostate cancer risk.

**Newer treatments for early stage cancers** Researchers are looking at newer forms of treatment for early stage prostate cancer.

**Vaccines** Several types of vaccines for boosting the body's immune response to prostate cancer cells are being tested in clinical trials. Unlike vaccines against infections like measles or mumps, these vaccines are designed to help treat, not prevent, prostate cancer.

**Targeted therapy drugs** Targeted therapy is a newer type of cancer treatment that uses drugs or other substances to identify and attack cancer cells while doing little damage to normal cells.



Dr Anna Lydon, Peter Hosking, Linda Gordon and Emma Meckiff

Present were several Senior Members of the Radiotherapy team. The cheque of £21000 was presented by Peter Hosking to Linda Gordon, Head of Cancer Services and Emma Meckiff, Head of the Radiotherapy team. Everyone involved with the equipment are so pleased with it as it has fulfilled all their expectations. Thank you to all the team for all their support of Prostate Cancer patients.

**TPSA Bucket collections**

**TPSA are looking for members to take the lead on particular match days on behalf of PC-UK.**



TPSA are looking for members to take the lead on particular match days on behalf of PC-UK. This will involve up to 20 volunteer (this is the maximum number of helpers we might need as many clubs may require fewer volunteers than this.) The minimum number would be 10 or 15 depending on whether the match is a League 1 or 2 match, or a Championship match. If you are interested we would like to hear from you. We will need to confirm how many collectors we could supply for particular allocated matches. TPSA would receive back from Prostate Cancer UK 50% of the money we collect in. All the necessary materials will be supplied (buckets, tabards, leaflets etc.). In addition PC-UK will secure match day tickets for volunteers to watch the game.

# Giftaid it



## Gift Aid declaration –for a single donation

Please treat the enclosed gift of £\_\_\_\_\_ as a Gift Aid donation. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given. **Please forward completed forms and donations to Darrell Fulford (Treasurer) Corbyns, Ridgeway Road, Torquay TQ1 2HL**

### Donor's details

First name & Surname \_\_\_\_\_

Full Home address \_\_\_\_\_

Postcode \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

Telephone No \_\_\_\_\_ (Acknowledgement of donations)

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**Please notify the charity if you want to cancel this declaration Or Change your name or home address**

### **No longer pay sufficient tax on your income and/or capital gains**

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code. **Please note that, to keep costs down, acknowledgement of donations will not be sent unless you include a Stamped Addressed Envelope. We will Acknowledge donations via the telephone if your telephone number is entered above.**

## Newsletter

Subscribe to our newsletter by email or post. Please include your name, mailing address, phone number and email address to [newsletter@tpsa.org.uk](mailto:newsletter@tpsa.org.uk) and please indicate your preference (**POST or EMAIL**)

**Email preferred to keep cost down.**

### *Trustees*

### *Email Address*

### *Contact telephone numbers*

Peter Hosking (Chairman)	<a href="mailto:chairman@tpsa.org.uk">chairman@tpsa.org.uk</a>	01803 842886
Darrell Fulford (Treasurer)	<a href="mailto:treasurer@tpsa.org.uk">treasurer@tpsa.org.uk</a>	01803 292171
Carole Hooper	<a href="mailto:carole@tpsa.org.uk">carole@tpsa.org.uk</a>	01803 329044
Ray Matthews	<a href="mailto:ray@tpsa.org.uk">ray@tpsa.org.uk</a>	01803 606915
Robin Causle	<a href="mailto:robin@tpsa.org.uk">robin@tpsa.org.uk</a>	01803 311407
Bryan Sykes	<a href="mailto:bryan@tpsa.org.uk">bryan@tpsa.org.uk</a>	01803 660410
Mark Smith (Newsletter Editor )	<a href="mailto:newsletter@tpsa.org.uk">newsletter@tpsa.org.uk</a>	01530 481802
Mark Smith (Website Editor )	<a href="mailto:website@tpsa.org.uk">website@tpsa.org.uk</a>	01530 481802

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